

# THE SECRET OF CONTENTMENT

Philippians: Finding Joy in a Negative World  
Marion Oaks Assembly of God — 5-22-24

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## Introduction

- Contentment is “\_\_\_\_\_ (or satisfaction) with one's \_\_\_\_\_ in life”
- “Contentment is not having \_\_\_\_\_ that you \_\_\_\_\_. True contentment is \_\_\_\_\_ only what you \_\_\_\_\_.”
- Contentment means I am not going to \_\_\_\_\_ for my circumstances to \_\_\_\_\_ in order to be happy (or satisfied).

## Text: Philippians 4:10-13

### 1. Contentment must be \_\_\_\_\_. (4:11)

1 Timothy 6:6-10

### 2. Contentment is not dependent on \_\_\_\_\_. (4:11-12)

- We can be content in “\_\_\_\_\_” circumstances. (2 Corinthians 11:23-28)
- We can be content in “\_\_\_\_\_” circumstances.

### 3. Contentment is not dependent on \_\_\_\_\_. (4:11-12)

### 4. Contentment comes when we realize that \_\_\_\_\_ is all we \_\_\_\_\_. (4:13)

Hebrews 13:5

When we are committed to and focused on Christ ...

- God will \_\_\_\_\_ all that we \_\_\_\_\_ . (Philippians 4:19; Matthew 6:30-33)
- God will \_\_\_\_\_ what is \_\_\_\_\_ for us.  
Romans 8:28
- God will \_\_\_\_\_ us.  
Hebrews 13:5

I can be content because \_\_\_\_\_ dwells within me and He is wholly adequate to meet \_\_\_\_\_ possibility that comes my way.

## Conclusion

To have real contentment:

- Remember that everything belongs to God; what we have is a gift from Him.
- Focus what you do have, not what you don't have.
- Ask for wisdom to use what you do have wisely.
- Ask for wisdom to know if your desires are God's desires.
- Pray for grace to let go of any desires that aren't God's desires for you.
- Trust God to meet your needs in His timing.
- Surrender yourself, your possessions and your circumstances to God.

Next Lesson: Philippians 4:14-23